

Forrest Quinn Pecha MS, ATC, LAT, CSCS, OTC

Curriculum Vitae

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Work Address :
St. Luke's Sports Medicine
1109 W Myrtle, Suite 2000
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Personal: DOB: 27 July, 1967
Birthplace: Appleton, Wisconsin

Work Experience:

OrthoVise, LLC COO Consulting for Orthopaedic and Sports Medicine Practices	July 2011- Present
St. Luke's Sports Medicine – Intermountain Orthopaedics: St. Luke's Sports Medicine Director of Clinical Residency and Outreach Business Development	2011-Present
DJO Global: Consultant Athletic Training Residency Implementation Orthopedic and Sports Medicine Practice Improvement	2010-Present
United States Soccer Federation Rotational Athletic Trainer for National Teams	2006 – Present
Emory Healthcare: Emory Sports Medicine Center Program Manager Director of Athletic Training Services	2004-2010
United States Ski and Snowboard Association: Men's Alpine Team, Medical Coordinator Head Athletic Trainer Strength and Conditioning Coach	2000-2004
Steadman-Hawkins Clinic: Clinical Assistant to Richard Steadman MD Staff Athletic Trainer Clinical Physician Extender	1998-2000
Education:	
Masters of Science Illinois State University	1996-1998
	G.P.A: 3.89
Bachelor or Science University of Wisconsin-LaCrosse	1986-1990

Employment and Job Responsibilities:

OrthoVise LLC Madison WI. July 2011 – Present

COO

- Participate in operational decision-making processes necessary for the successful attainment of OrthoVise mission in addition to maintaining an awareness of changes in healthcare matters that could have an impact on the success of company business partners
- Responsible for implementing business goals and objectives, policy development, institutional evaluation, leadership and organizational structure,
- Ensure comprehensive needs of academic and private orthopedic and sports medicine practices are met to their highest expectations.
- Work with CEO to establish OrthoVise as a leading provider of consulting services to academic and private orthopedic and sports medicine practices.
- Develop and maintain a comprehensive menu of services and identify a solutions team of experts that are unmatched by competitors. This menu of services will include but not be limited to :
 - Clinic operations and staffing
 - Lean concept training
 - Business development
 - Operating room function
 - Finance and coding
 - Functional outcome program design
 - Durable medical equipment utilization and billing
 - Sales and marketing
 - Electronic medical record optimization
 - Facility design
- Design and provide educational seminars to educate physicians, administrators and clinicians on topics essential to orthopedic and sports medicine operational effectiveness and business development.
- Establish the OrthoVise Network of clients that consist of member practices which share data and successes with each other, including position openings and future employees

St. Luke's Sports Medicine Boise ID. 2011 - Present

Director of Clinical Residency and Outreach

- Responsible for improving clinic efficiencies, increasing patient throughput, and improving physician RVU's
- Responsible for efficiency of practice for two surgeons and two non-operative physicians. Make sure patient flow is on time, patients receive first class care and staff is conducting business in a professional manner
- Taking patient histories perform physical exams, order appropriate tests, and present patient to Physician. Perform Post-operative care including dressing changes and be available to patients for medical questions and concerns
- Develop Marketing strategies for community outreach with St Luke's sports medicine to improve referrals and provide community education and awareness of the practice.
- Develop a NATA Post Professional Athletic Training Residency program, including curriculum development, creating educational standards and symposia with in St Luke's Sports Medicine faculty

- Manage and teach Athletic Training Residents, (1 year educational residency) the operational responsibilities of the Orthopaedic practice. Taking patient history, performing physical exam, reading radiographic tests and reports, post-operative care and OR responsibilities.
- Developing relationships with industry to support the Athletic Training Residency
- Administrative duties include the posting, interviewing and hiring of Sports Medicine staff and Athletic Training Residents.

DJO Global Vista CA. Jan 2010 - Present

**Consultant - Athletic Training Residency Implementation
- Orthopaedic & Sports Medicine Practice Improvement**

- Recommend changes to operational processes and culture in academic sports medicine and orthopaedic practices in order to maximize utilization of athletic trainers and maximize revenue and throughput. Including
 - Recommendations in regards to maximizing staffing models
 - Recommendations related to EPIC efficiency and other EMR systems
 - Recommendations related to third party reimbursement options
 - Recommendations related to legal and governmental affairs issues
- Advise and assist academic and private sports medicine and orthopaedic programs with the implementation of NATA accredited Athletic Training Residency Programs.
- Develop promotional materials and processes in order to maximize benefit to DJO, Inc., the profession of athletic training, and to academic orthopedic and sports medicine practices.
- Make recommendations to DJO, Inc. as whether a specific academic orthopedic and sports medicine program is a good investment of unrestricted funding to a program that will eventually attain accreditation status with the NATA.
- LEAN Business training and Development of Orthopaedic Clinic Efficiency Models

United States Soccer Federation Chicago IL 2006-Present

Rotational Athletic Trainer for US Men's National and Development Teams

- Provide Athletic Training services to United States National and Development Soccer Teams
- Providing injury care to all athletes while traveling with teams
- Develop injury prevention programs to ensure athletes are able to compete at highest level.
- Management of all Athlete medical records during team training camps and competitions
- Communicate with, USSF Medical Director and coaching staff, regarding medical status for athletes.
- Event travel includes
 - 2007 Men's U-20 World Cup Qualifying Tournament - Panama City Panama
 - 2007 Men's U-20 World Cup Tournament – Canada
 - 2007-2009 Men's U-15, U-20, & U-23 training camps
 - 2009 Men's U-20 CONCACAFF Qualifiers
 - 2009-2011 Men's U-20 Training camps
 - 2011 Men's U-20 World Cup Qualifying Tournament – Guatemala City, Guatemala

Emory Sports Medicine Center Atlanta GA. 2004 - 2010

Program Manager & Director of Athletic Training Services

- Responsible for efficiency of practice for three surgeons and four non-operative physicians. Make sure patient flow is on time, patients receive first class care and staff is conducting business in a professional manner
- Performed patient histories perform physical exams, order appropriate tests, and present patient to Physician. Perform Post-operative care including dressing changes and be available to patients for medical questions and concerns
- Assisted Surgeons in surgery Prep, drape, position patients, retract tissue, use suction, drive the arthroscopic camera, size tissue, and help with patient post-op care and follow up.
- Performed marketing strategies for Emory Sports Medicine as well as Emory Orthopaedics and Spine Center to improve referrals and provide community education and awareness of the practice.
- Developed Marketing strategies for non-operative physicians for “Impact” sports concussion assessment program to metro Atlanta area High Schools and Universities, Diagnostic ultrasound and plasma rich platelet (PRP) injections.
- Developed relationships with United States Soccer Federation and United States Ski and Snowboard Association to have our ATC Fellows travel with the national and development teams representing Emory Sports Medicine Center.
- Developed relationship with local agents and sports performance specialists to built our professional sports clientele
- Emory Sports Medicine website support – responsible for content changes and updates to the Sports Medicine website.
- Managed and taught Athletic Training Fellows, (1 year educational fellowship) the operational responsibilities of the Orthopaedic practice. Taking patient history, performing physical exam, reading radiographic tests and reports, post-operative care and OR responsibilities.
- Developed relationships with industry to support the Athletic Training Fellowship
- Administrative duties included the posting, interviewing and hiring of Sports Medicine staff and Athletic Training Fellows.
- Operations manager for durable medical equipment (DME) of Emory Orthopaedics, Physical Therapy, and Sports Medicine departments
- Responsible for continuing education units (CEU’s & CME’s) for Athletic trainers and Physical Therapists through grand rounds, journal clubs, and Orthopaedic symposiums.
- Assistant Medical Director/Head Athletic Trainer for the **Tour de Georgia**, North America’s largest staged cycling race. Coordinated medical coverage, using Athletic Trainers, nurses, ER Physicians, and Sports Medicine Physicians, from Emory Healthcare, throughout the race, and promoting Emory throughout the state of Georgia.
- Represented Emory Sports Medicine as rotational Certified Athletic Trainer for United States Soccer Federation National Teams. Attended 2006 Men’s U-20 Junior World Cup, Toronto Canada.
- Member of IRB committee for Emory Orthopaedic and Spine Center to help conduct appropriate research to be presented and ready for publications

United States Ski and Snowboard Association Park City UT 2001-2004

Head Athletic Trainer/ Medical Manager Men's Alpine Ski Team

- Management of all Athlete medical records, coordinate for all annual exams and required follow up
- Communicate with Team Physician, Medical coordinator, Staff, and Sports science regarding medical status for athletes returning from injury. Manage return to snow therapy progression
- Responsible for coordination of all travel and event coverage of MD pool and rotational ATC/PT staff
- Responsible for medical knowledge of Men's world Cup Technical Team and manage injured athletes in both chronic and acute stages including daily treatment schedule

USSA Park City UT. 2000-2001

Certified Athletic Trainer/ Strength and Conditioning Coach

- Responsible for medical knowledge of Men's world Cup Technical Team and manage injured athletes in both chronic and acute stages including daily treatment schedule
- Responsible for writing strength and conditioning programs with Sports Science for World Cup Technical Team athletes and in season training routines
- Manage Athlete return to competition therapy, either in house or through communication with home therapist
- Manage travel and medical coverage of athletic trainers and physicians for FIS World Cup, Europa Cup, and NORAM events

Steadman Hawkins Sports Med Clinic, Vail CO. 1998-2000

Physician Extender, Staff Athletic Trainer

- Assistant to Dr. Richard Steadman in Clinic and Operating Room
- Responsibilities include taking initial history and physical exam of patients, casting and bracing for patients needs, ordering radiographic studies when needed
- OR responsibilities included prepping and draping of patients, patient positioning, sizing ACL grafts, and post op care for patients
- Patient follow up and main contact person for clinical questions of all patients and post op care, liaison for professional teams and ATC's including Denver Broncos and Colorado Rockies
- Athletic Training coverage for clinic responsibilities, professional skiing and mountain biking, Sports teams and area High School events

Steadman-Hawkins Sports Medicine Foundation Vail CO. 1998

Biomechanics Research Internship, Six Months

- Biomechanical analysis of Lower extremity joint reaction forces for healthy, ACL reconstructed, and ACL deficient subjects
- Utilization of EMG and Peak Performance High Speed Motion Analysis Systems
- Research incorporated for new rehabilitation techniques for injured patients

Education:

Illinois State University Normal IL. 1996-1998

- **Masters of Science HPR**
- Emphasis in Exercise Physiology and Athletic Training
- Teaching Assistant in HPR department. Classes including: Anatomy Lab, Personal Fitness, First Aid and CPR, and PE classes
- Received **Outstanding Graduate Student Research Award** for College of Applied Science and Technology at Illinois State University
- Received **JORDT** research award for outstanding research with professor for post graduate work at Illinois State university

University of Wisconsin LaCrosse LaCrosse WI. 1986-1990

- **Bachelors degree Physical Education/Exercise Science**
- Minor in Psychology, Nutrition, French
- Varsity Letter Winner Men's Swim Team

Professional Credentials:

- Idaho Athletic Training Licensure #AT-391 March 2010
- Georgia Athletic Training Licensure #AT001169 June 2004
- NATABOC Certification # 119802436 November 1996
- Certified Strength and Conditioning Specialist # 00-02-22-056 January 1999
- Certified Orthopaedic Technologist #04-1104 August 2004
- American Association of Orthopaedic Executives #084994 November 2009
- National Plan and Provider Enumeration System # 1639372709 June 2006
- Current Red Cross CPR, First Aid, AED October 2009

Honors, Awards and Acknowledgements:

- **Clinical/Industrial/Corporate Athletic Trainer of the Year Award** – Southeast Athletic Trainers Association district meeting - 2009
- **Outstanding Graduate Student Research Award** College of Applied Science & Technology at Illinois State University – 1998-1999
- **JORDT Research Award** Outstanding research with professor for post graduate work at Illinois State University – 1999
- Deans List Illinois State University – 3 Semesters

Professional Association Involvement:

National Athletic Trainers Association

- NATA Committee on Emerging Practices in Athletic Training Physician Extender liaison to committee 1996 – Present
2010 – Present
- NATA Employment Council Review for Academic Programs 2010
- NATA Physician Extender Liaison for Student Career Center 2010
- 5th Edition NATA Athletic Training Educational Competencies Reviewer: Elective Competencies for Specific Settings 2009 - 2010
- NATA Pre-Conference Physician Extender Workshop Coordinator 2009 - 2010
- NATA Development team for Post-Professional Athletic Training Residency Standards and Guidelines 2006 - 2008
- NATA Clinic Industrial & Corporate Committee meeting representative 2005 - 2008

Georgia Athletic Trainers Association

- GATA Leadership Development Committee 2004 – 2011
2010 – 2011
- GATA Reimbursement Team Member 2010 – 2011
- GATA Physician Extender Representative 2007 - 2011
- GATA Annual Meeting Physician Speaker Coordinator 2009 - 2010
- GATA Athletic Training Practice Act Revision Committee 2008 - 2009
- GATA Legislative review team 2008 - 2009

Educational Conference Coordination:

- **2011 National Athletic Trainers Association Annual Meeting Pre-Conference Workshop**
 - Workshop Coordinator - Introduction of Athletic Trainers as Physician Extenders
 - Workshop Coordinator – Advanced programming for AT’s as Physician Extenders
 - New Orleans LA.
- **2011 Southeast Athletic Trainers Association 36th Annual SEATA Clinical Symposia in conjunction with Fourth Annual Emory Sports Medicine Symposium**
 - Planning Committee
 - Course Director
 - Atlanta GA
- **2010 National Athletic Trainers Association Annual Meeting Pre-Conference Workshop**
 - Workshop Coordinator - Introduction to Physician Extender
 - Philadelphia PA
- **2010 Georgia Athletic Trainers Association Annual Meeting**
 - Physician Speaker Coordinator
 - Peachtree City GA
- **Third Annual Emory Sports Medicine Symposium**
 - Course Director
 - Atlanta GA
- **2009 National Athletic Trainers Association Annual Meeting Pre-Conference Workshop**
 - Organizing Committee Co-chair
 - San Antonio TX
- **Second Annual Emory Sports Medicine Symposium**
 - Course Director
 - Atlanta GA

Curriculum Development:

- St Luke's Sports Medicine Athletic Training Residency Program 2011-Present
 - Athletic Training Residency Curriculum Development
 - Athletic Training Residency Job description
 - Athletic Training Residency Budget
 - Athletic Training Residency Policies and Procedures
 - Clinical and Academic Course Outline and standards
 - Research Guidelines, Timelines and Plans
- Emory Sports Medicine Athletic Training Residency Program 2004-2010
Athletic Training Residency Policies and Procedures
Operating Room Didactic and Curricula 2004, updated 2008
Clinical and Academic Course Outline and standards
Research Guidelines, Timelines and Plans
Residency Mission Statement
- University of South Carolina Athletic Training Residency Program May 2010
Assist Faculty and Staff with Curriculum Development
- Washington University Athletic Training Residency Program July 2010
Assist Faculty and Staff with Curriculum Development
- Emory Sports Medicine Journal Club and Symposia 2004-2007

Professional Training:

- LEAN Business modeling for Orthopaedic Clinical Practices
 - DJO Global Institute – Indianapolis IN April 2011
- CITI – Collaborative Institutional Training Initiative: Biomedical Focus
 - Human Subjects Protection Curriculum Refresher Course July 2010
 - Human Subjects Protection Curriculum July 2005
- Emory Healthcare and University Healthcare and Safety Modules 2004-2010
- Emory Healthcare EeMR – Message Center Fundamentals Clinical Learning 2010
- Emory Healthcare Human Resources “Targeted Selection” Interview Training 2008
- Emory Healthcare Management Training Program 2006

Research & Experience:

Presentations and Invited Lectures:

- **Georgia Association of Orthopaedic Executives Annual Conference**
Amelia Island FL. September 2011
“Effective use of Athletic Trainers in the Orthopaedic Practice: Billing and Clinical Efficiencies”
- **American Orthopedic Society in Sports Medicine Annual Conference**
AOSSM - San Diego CA. July 2011
“Optimizing and Balancing your Practice – The Role of the Physician Extender”
- **National Athletic Trainers Association 2011 Pre Conference Workshop
Physician Extender Workshops**
New Orleans LA. June 2011
 - Course Director for “Introduction to Athletic Trainers as Physician Extenders”
 - Course Director for “Advanced Programming for AT’s as Physician Extenders”
“Physician Extender Advanced Track Introduction and Faculty”

“Athletic Training Post Professional Residency Program Standards”
“How to Increase Efficiency in Clinic While Enhancing Clinical Outcomes”

- **American Association of Orthopaedic Executives (AAOE) annual Symposium**
Orlando FL. May 2011
The Financial Impacts of Athletic Trainers on Hospitals, Orthopaedic Practices and the Community
“The Athletic Trainer Physician Extender Their Clinical Benefits and Considerations”
- **American Medical Society for Sports Medicine (AMSSM) 20th Annual Meeting**
Salt Lake City UT April 2011
“Cost Effective Use of ATC’s as Physician Extenders in PCSM”
- **Robert W. Metcalf, MD & AANA Meeting**
Snowbird UT. March 2011
“Athletic Trainers and the Positive Impact they can have working in your Clinic”
- **SEATA 36th Annual Clinical Symposia**
Atlanta GA. March 2011
Panel Discussion: Committee on Emerging Practices in Athletic Training
“Alternative Career Paths for Certified Athletic Trainers”
- **DJO First Annual Athletic Training Residency Symposium**
Vista CA. January 2011
“Career Development Options: Beyond the Role of the Clinical Athletic Trainer”
“Financial Considerations and Business Concepts for Athletic Trainers as Physician Extenders”
“Athletic Training Residency Standards”
- **Andrews Sports Medicine and Orthopaedic Center Guest Lecture**
Birmingham Alabama November 2010
Development of Athletic Training Residency Programs
- **National Conference on Revenue and the Business of Athletic Training**
Milwaukee WI November 2010
“Developing a Reimbursement Model in Specific Practice Settings: Physician Extender: Present and Future”
- **National Conference on Revenue and the Business of Athletic Training**
Milwaukee WI November 2010
“Marketing Yourself: Athletic Trainers the Ultimate Orthopaedic Physician Extender”
- **Washington University Guest Lecture Orthopaedic Department**
St Louis MO July 2010
Development of Athletic Training Residency Programs
- **National Athletic Trainers Association 61st Annual Meeting and Clinical Symposia:**
Philadelphia PA June 2010
“The Clinical, Surgical, and Financial Impacts of Athletic Trainers on Medical Practices”
- **Workshop Coordinator: 2010 NATA Pre-conference Workshop**
Philadelphia PA June 2010
Pre-conference workshop – Introduction to Athletic Trainers as Physician Extenders
- **National Athletic Trainers Association – 2010 Pre-conference Workshop**
Philadelphia PA June 2010
“Post Professional Academic training Programs and their Evolution”
“How to Sell Yourself as a Physician Extender”
“Financial Impacts of Athletic Trainers in the Operating Room”
“Emory University Athletic Training Residency Program Description”

- **University of South Carolina Guest Lecture Orthopaedic Department**
Columbia SC May 2010
Development of Athletic Training Residency Programs
- **American Association of Orthopaedic Executives 2010 Annual Conference**
Anaheim, California May 2010
“New Initiatives in Physician Extenders: The Evolving Role of Certified Athletic Trainers”
- **Wake Forest University Guest Lecture Orthopaedic Department**
North Carolina April 2010
“How to Use Athletic Trainers as the Ideal Physician Extender”
- **American Medical Society for Sports Medicine 19th Annual Meeting**
Cancun Mexico April 2010
Instructional Lecture – Cost Effective Use of ATC’s as Physician Extenders in PCSM
- **Emory University School of Medicine, Guest Lecture PM&R Residency**
Atlanta Georgia April 2010
“Sports Medicine/Athletic Injuries – Treating the Athlete from Head to Toe”
- **Course Director – 3rd Annual Emory Sports Medicine Symposium:**
Atlanta Georgia Mar 2010
- **Third Annual Emory Sports Medicine Symposium: An Interactive Approach**
Atlanta Georgia Mar. 2010
“What is The Ideal Sports Medicine Practice?”
- **Emory Athletic Training Residency Class of 2010**
Atlanta Georgia Feb. 2010
“Business Solutions for Athletic Trainers in the Orthopaedic Practice”
- **Georgia State University, Guest Lecture Graduate Class**
Atlanta Georgia Sept. 2009
“Functional Rehabilitation and Injury Evaluation of the Lower Extremity”
- **National Athletic Trainers Association – 2009 Pre-conference Workshop**
San Antonio TX June 2009
“Pre Conference Workshop on Athletic Trainers as Physician Extenders”
- **Oregon Health and Science University – Guest Lecture Orthopaedic Department**
Portland OR Mar 2009
“Clinical and Economic Benefits of using Athletic Trainers as Physician Extenders in the Orthopaedic Practice”
- **North West Athletic Trainers Association – NWATA 2009 Annual Conference and Symposium**
Seaside OR Mar 2009
“A new Job Opportunity: The Certified Athletic Trainer as a Physician Extender”
- **Course Director – 2nd annual Emory Sports Medicine Symposium:**
Atlanta Georgia Mar 2009
- **Second annual Emory Sports Medicine Symposium: An Interactive Approach**
Atlanta Georgia Mar. 2009
“The Ideal Sports Medicine Practice”
- **Georgia Athletic Trainers Association. GATA 2009 Annual Meeting and Symposium**
Peachtree City Georgia Jan. 2009
“A new Job Opportunity: The Certified Athletic Trainer as a Physician Extender”
- **Emory Athletic Training Residency Class of 2009**
Atlanta Georgia Jan. 2009
“Business Solutions for Athletic Trainers in the Orthopaedic Practice”

- **Emory University School of Public Health, Guest Lecture MPH Program**
Atlanta Georgia Dec. 2008
“Sports Medicine/Athletic Injuries – Treating the Athlete from Head to Toe”
- **Georgia State University, Guest Lecture Graduate Class**
Atlanta Georgia Sept. 2008
“Functional Rehabilitation and Injury Evaluation of the Lower Extremity”
- **Southeast Athletic Trainers Association 33rd Annual SEATA Clinical Symposium:**
Franklin Tennessee, Feb. 2008
“Patient Perception of Athletic Trainers in an Orthopaedic Practice”
- **Georgia State University, Guest Lecture Graduate Class**
Atlanta Georgia Feb. 2008
“Athletic Trainers as Physician Extenders: Job placements, duties, salary expectations, and potential for growth”
- **Emory Athletic Training Residency Class of 2008**
Atlanta Georgia Jan. 2008
“Business Solutions for Athletic Trainers in the Orthopaedic Practice”
- **Emory Sports Medicine Journal Club and Symposium**
Atlanta Georgia, Dec. 2007
“Business Solutions for Athletic Trainers in the Orthopaedic Clinic”
- **University of Tennessee Chattanooga, Lecture Graduate Class Chattanooga**
Tennessee, Nov. 2007
“Certified Athletic Trainers Working as Physician Extenders”
- **National Athletic Trainers Association 58th Annual Meeting and Clinical Symposia:**
Anaheim California, June 2007
Workshop: *“Athletic Trainers as Physician Extenders and Educational Programs”*
- **Southeast Athletic Trainers Association 32nd Annual SEATA Clinical Symposium:**
Franklin Tennessee, Mar. 2007
“Fellowship and Physician Extender Programs for Certified Athletic Trainers”
- **Georgia State University, Guest Lecture Graduate Class**
Atlanta Georgia, Mar. 2007
“Diagnosis and Treatment of Hip and Pelvic Injuries”
- **Emory Athletic Training Residency Class of 2007**
Atlanta Georgia Jan. 2007
“Business Solutions for Athletic Trainers in the Orthopaedic Practice”
- **Emory Sports Medicine Journal Club and Symposium**
Atlanta Georgia, Oct. 2006
“Function Return to Sport Following ACL Surgery”
- **Colorado Sports Medicine Symposium**
Denver Colorado, Aug. 2006
“Professional Experiences as a Certified Athletic Trainer with National Teams”
- **Intermountain Orthopaedic & Sports Medicine Grand Rounds**
Boise Idaho, Aug. 2006
“US National Team Experiences as a Certified Athletic Trainer & Future Professional Programs for Certified Athletic Trainers”
- **Emory Sports Medicine Athlete’s Shoulder Symposium**
Atlanta Georgia, Mar. 2006
“Shoulder Anatomy”

- **Peachtree Orthopaedic Clinic Education Seminar**
Atlanta Georgia, Aug. 2005
“Effective Use of Athletic Trainers in the Orthopaedic Practice”
- **American College of Sports Medicine ACSM National Convention,**
San Francisco California, June 1999
“Landing Adaptations for ACL Reconstructed, BTB & HS, ACL Deficient and healthy knees”
Journal of Medicine and Science in Sport and Exercise 34(9) 1408-1413. Sept ‘02
- **American College of Sports Medicine ACSM National Convention**
Indianapolis Indiana, June 1998
“The Effect of Cutaneous Stimulation on Quadriceps Total Muscle Work Output”
- **Thesis Defense: Illinois State University**
Normal Illinois, Aug. 1998
“The Effect of Touch on Knee Extensor Muscle Total Work Output”

Research in Progress:

- *“Patient Perceptions of Certified Athletic Trainers and Orthopaedic Medical Residents as Primary Clinical Support Staff in the Sports Medicine Practice: A Randomized Double Blinded Prospective Study”*
- *“A Comparison of Medical Assistants vs. Certified Athletic Trainers on Patient Volume and Revenue Generation in a Sports Medicine Practice”*
- *“The Benefit of using Certified Athletic Trainers in the Orthopaedic Practice – A Case Report – Portland Oregon”*
- *“Functional Testing to Provide Accurate Measures for Return to Sports Following Lower Extremity Injury”*
- *“Outcome Study on Arthroscopic Rotator Cuff and Bankart repair”*
- *“Revitalization of the Saphenous nerve following ACL reconstruction using Hamstring tendon”*

Publications/Abstracts/Posters:

- **AOSSM Poster Presentation 2011 Annual Meeting**
San Diego CA July 2011
A Comparison of Medical Assistants vs. Certified Athletic Trainers on Patient Volume and Revenue Generation in a Sports Medicine Practice
- **Georgia Gridiron Guide** Fall Issue 2010
Biography of an Athletic Trainer
- **Southern Orthopaedic Association Annual Symposium** June 2010
Poster Presentation – A Comparison of Medical Assistants vs. Certified Athletic Trainers on Patient Volume and Revenue Generation in a Sports Medicine Practice
- **CNN Health Minute** www.cnn.com May 2010
Soccer over 50 - How to prevent Injuries
- **Georgia Gridiron Guide** Fall Issue 2009
Ask the Doc - “Who’s your Trainer” pg. 88
- **CNN Health Minute** www.cnn.com August 2009
Kickball injuries – how to prevent sport specific injuries
- **Atlanta Journal and Constitution** March 12, 2009
“Goal-setting hiker inspires others to push themselves”
- **Georgia Gridiron Guide** Fall Issue 2008
The Ultimate Guide to High School Football

- “The Ideal Sports Medicine Team” pg 61*
- **Emory Health Magazine** Summer Issue 2008
“Back in the Game” pg 19T
 - **Georgia Gridiron Guide** Spring Issue 2008
The Ultimate guide to Georgia High School Football
“Who’s your “Trainer”?” pg 14
 - **Emory Health Sciences Magazine** Winter 2007/2008
“Training the Trainers” pg 24
 - **Ski Adventure: Atlanta Ski Club Magazine** Winter 2007/2008
“A day in the Life with the U.S. Ski Team” pg 26
 - **Training and Conditioning** July/August 2007
“Doctor’s Orders”
 - **Publix GREENWISE Market** April 2007
Exercise Advise for Sale” pgs 14-16
 - **CNN Health Minute CNN.com** Mar. 2007
*“ACL injuries growing problem for young female athletes”
Online EDT, March 26 2007*
 - **Pulse: For the Health Care Professional** Mar. 2007
The Atlanta Journal-Constitution; Vol. 15, No. 3
“Emory Healthcare Fields a Winning Sports Medicine Team” pg 3
 - **Pulse: For the Health Care Professional** Mar. 2007
The Atlanta Journal-Constitution; Vol. 15, No. 3
“Sports Medicine with Treatment Advances” pgs 12-13
 - **Athletic Therapy Today, Guest Editorial** Nov. 2006
The Professional Journal of Certified Athletic Trainers and Athletic Therapists; Vol. 11, No. 6
“Athletic Training Fellowship Programs” pg 1
 - **NATA News** Jan. 2006
News Magazine of the National Athletic Trainers Association
“Continuing to Evolve: Post-Professional Work Expands” pg 14-19

Medical Coordination of Athletic Events:

- US Soccer Men’s U-20 2011 World Cup Qualifying Tournament 2011
Guatemala City - Guatemala
- F.A.A.M. All Star Football Camp – Atlanta Based NFL sponsored 2005-2010
- Decatur High School Athletic Event Coverage 2009-2010
- Georgia Perimeter College Athletic Event Coverage 2008-2009
- US Soccer Men’s U-20 CONCACAFF Qualifying tournament 2009
- Tour de Georgia Professional Cycling Race 2005-2008
- Atlanta ING Marathon 2008-2009
- Atlanta Soccer Association (ASA) Georgia Cup Tournament 2009
- US Soccer Men’s U-20 World Cup Tournament – Canada 2007
- US Soccer Men’s U-20 World Cup Qualifying Tournament - Panama City 2007
Panama
- World Alpine Ski Championships US Men’s Alpine Team Coverage 2003
St Moritz, Switzerland
- Olympic Games – US Men’s Alpine Ski Team Event Coverage 2002
- World Alpine Ski Championships US Men’s Alpine Team Coverage 2001

St Anton, Austria

- US Men's Alpine Ski Team Physician event coverage for World Cup, Europa Cup, and NORAM Cup Races 2001-2004
- US Men's Alpine Ski Team National Championships 2001-2004

References:

Alex Honaachevarria MD
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